

Women In Leadership

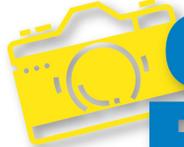


"At her vision board workshop, Tricia Molloy created a fun, safe, relaxing environment for us to explore our challenges & aspirations."

- Monica Hammond
VP of Business & Government Operations
Verizon Enterprise Solutions

FOCUS ON THE FUTURE

VISION BOARD
WORKSHOP



A vision board is a powerful tool that provides the **clarity, confidence and courage we need to achieve our goals.** Participants will first learn the five CRAVE steps to stay positive and focused, including cleaning out the clutter & gratitude.

Tricia Molloy will explain how a vision board works and the best practices to create and use one. Participants will then create their vision boards and we'll conclude with a show & tell where they can share their insights and aspirations.

This fun, interactive workshop will enhance communication, foster teamwork and boost morale.

There is simple prepwork of reflection and clipping images and words to add to the board. All materials, including more magazines, will be provided.



"As women, we wear so many hats that we often neglect to put ourselves on our own 'to do' list. In fact, we hardly ever focus on ourselves.

Tricia Molloy's vision board workshop was the best event we've ever done!
It was a rare opportunity to relax and explore our dreams and aspirations."

- Nancy Little, Sponsor
EY Alpharetta Professional Women's Network

Women In Leadership



Clean Out the Clutter
Raise Your Energy
Affirm Success
Visualize
Express Thanks

»»» About Your Workshop Leader:



Tricia Molloy is an expert on developing a positive mindset to reduce stress, achieve goals and enjoy better balance. She's an acclaimed leadership speaker, a coach and the author of *Working with Wisdom*. Tricia has presented vision board workshops for high-potential employees at organizations like the CDC, Verizon and EY. Once a quarter, she presents a pro bono workshop at the Women's Academy at Wellspring Living, an Atlanta-based nonprofit that rehabilitates survivors of sex trafficking. You can learn more about Tricia at www.triciamolloy.com.



Ready to Take Hold of Your Future?

Schedule a quick call with Tino, or reach out to him directly:

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