Can you clear the LEADERSHIP MAZE?

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AUTHENTICITY

Many leaders struggle with balancing **authenticity** and **executive presence**. Knowing your **values** can guide you to take results focused action while being **true to yourself**.

CHANGE

Change forces us to **fall away from our systems** and can lead to stress. **Reframing the narrative** around change, **communicating** openly, and allowing **room for growth** can lessen the burden on leadership.

DELEGATING

Knowing yourself and **knowing your team** are the first steps to effective delegation. **Be intentional** with who you assign what and **why**. Even when delegating would not be most efficient, your direct reports will often **benefit more** from the challenge.

REMOTE TEAMS

Remote work can leave people feeling **isolated**, confused, and sometimes **micromanaged**. Leaders can ease uncertainty by setting **clear expectations** and creating **regular check in** meetings to connect with their team while granting them their **trust, autonomy, and independence**.

BURNOUT

The constant changes and unknowns of today make falling into burnout **easier than ever**. Connectivity brought to use from our devices mean that we are **always on** as employees. The key to reducing burnout is to lead with **empathy** and **reevaluate organizational or team priorities**. Reduce workloads where possible and stick to **high visibility high impact** projects while **cutting back** on unnecessary processes and tasks.

IMPOSTOR SYNDROME

Its easy to second guess yourself, especially if you are in a position you never thought you would be in. Know that **you are there for a reason**. It is not luck that brought you to where you are, but **your own effort and work**.

ARITIFICAL INTELLIGENCE

The rise of AI has gripped employees and leaders everywhere with **uncertainty**. Some are eager to hop on the train even when returns are marginal, and others use it to the detriment of their work. To harness the true power of any technology we must not just adopt it, but **adapt ourselves and our systems**.

Leadership is difficult, especially when handling it alone. Being aware of these common challenges informs us how and where to take action and implement initiatives that address critical needs. **Growing in your leadership is often just the first step in the journey**.

SUCCESSFUL LEADERSHIP

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